



Staines upon Thames town centre map



www.travelsmartsurrey.info

Bus helpline numbers

Abellio London, 020 8185 5600
routes 117, 290

Abellio Surrey, 01932 282200
routes 400, 438, 441, 446, 451, 458, 461, 566/567, 570, 571/572

Bear Buses, 020 8867 0617
route 305

Carlone Buses, 01784 488009
routes 590/591, 593

Dicksons Travel, 01305 871265
route 500

First in Berkshire, 01344 782200
route 71

London United, 020 8400 6665
routes 203, 216

Sullivan Buses, 01707 646803
route 950

Try our journey planner

A **SMART**, easy way to plan your journey from A to B.

www.travelsmartsurrey.info/planner



Scan and link straight to the journey planner.

Fancy half price cycle training?

Three hours for only £20

Take advantage of our special discounted offer

To book your training simply call **03456 009009** and ask for "Travel SMART cycle training", or go to travelsmartsurrey.info for more information.

Useful contacts

Website: travelsmartsurrey.info

Tel: 03456 009 009
(Ask for **Travel SMART**)

Email:
travelsmart@surreycc.gov.uk

f Travel SMART in Surrey

t @TravSMARTSurrey



Scan and link straight to the Travel SMART website.

Surrey County Council working in partnership with other local organisations.
All funding is provided by the Department of Transport's Local Sustainable Transport Fund.

EGHAM, STAINES and ENGLEFIELD GREEN

Bus routes at least once per hour, five days a week, all year round

71	290	451
117	438	458
203	441	461
216	446	566.567

Less frequent bus routes (numbers followed by a diamond ♦)

305♦	571♦.572♦
400♦.570♦	590♦.591♦
500♦	593♦
	950♦

* **441** Bus terminus

← Bus operates in direction of arrow shown

For full details of services see timetable information, routes correct as of March 2015.
For clarity, occasional variations to certain routes are not shown on this map.

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Spelthorne walking and cycling for health schemes

The **Spelthorne walking and cycling for health schemes** aim to improve health and fitness of local people, especially those who are not physically active and want to become more active.

- the schemes are free
- the walks are designed for total beginners and are between one and three miles long
- the rides are around seven to twelve miles and participants need to bring their own bike and helmet
- there are at least three walks a week and rides once a fortnight
- walks and rides are led by trained volunteer leaders.

For more information, please go to: www.spelthorne.gov.uk/walkingforhealth or www.spelthorne.gov.uk/cyclingforhealth
Alternatively, maps and route descriptions for self led walks can be found at: www.spelthorne.gov.uk/selfledwalks





Walking and cycling in Staines upon Thames

- Recommended cycle route
- Advisory cycle route or separate cycle lane
- Cycle route shared footway
- Off road cycle route
- Pedestrianised area
- Footpaths

- National Cycle Route 4
- Cycle parking
- Cycle shops
- Pelican/toucan crossing
- Level crossing

- Subway
- Restaurant area
- Bar area

FWT 19.6.15

